



Sailing

Explanatory
Guide



About the Explanatory Guides

Published in July 2015, the Explanatory Guides offer a detailed introduction to each sport at the Rio 2016 Olympic Games, as well as providing information on a variety of other fundamental topics that may be of importance to teams as they continue their planning and preparations. This guide is divided into several sections:

- A general introduction to Rio de Janeiro and to the Games;
- Sport-specific information on subjects such as the competition format, schedule and venue; rules; training; and qualification criteria;
- General information touching on accreditation, ticketing, accommodation, medical services, doping control and transport;
- A directory that contains contact details, maps and a daily competition schedule for all sports.

All information provided in this Explanatory Guide was correct at the time of publication in July 2015; however, please note that these details may change between this date and the Games. NOCs are advised to check the IOC's NOCnet (<http://extranet.olympic.org/nocnet>) and Rio 2016's Rio Exchange (<https://rioexchange.rio2016.com>) for important updates on topics, such as to the competition schedule.

Detailed Team Leaders' Guides, covering Games-time plans for every Olympic sport, will be distributed to NOCs in June 2016.



Welcome to the Sailing Explanatory Guide for the Rio 2016 Olympic Games. On behalf of Rio 2016, I am pleased to present this document, the content of which has been produced in close collaboration with the International Sailing Federation and IOC Sport.

As a commitment to sustainability, these guides are being presented in an electronic-only format. In addition, they have been developed for a mobile-friendly platform; this is an innovative feature Rio 2016 has utilised to make the information more convenient and accessible on a variety of devices.

As the host of the first Games on South American soil, Rio 2016 is committed to showcasing sport in its highest form against the stunning backdrops that Rio de Janeiro has to offer. A variety of competition and training venues, including new and renovated installations, will offer athletes the best conditions to excel in a fair and safe field of play.

In addition, accommodations and facilities at the Olympic Village will provide an engaging environment and offer the best services to meet the needs of athletes and team leaders during their stay in Rio de Janeiro. New transport services will connect the four competition zones and venues throughout Rio to provide easy access across the city during the Games.

We hope this guide will provide all the necessary information in preparation for your participation at the Games in August 2016. We look forward to welcoming you to the Marvellous City for what is sure to be a memorable experience.

WARM REGARDS,

A handwritten signature in black ink that reads "Rodrigo Garcia". The signature is fluid and cursive, with a small dot at the end.

RODRIGO GARCIA

Rio 2016 Sports Director

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INTRODUCTION

Welcome to Rio 2016

The Rio 2016 Olympic Games will demonstrate the determination of all Brazilians in delivering the greatest festival on Earth, proudly advancing, through sport, the national mantra of progress. These pages offer a brief introduction to Rio de Janeiro, its Olympic heritage, the city's plans for the Games and the benefits they will bring to Rio and Brazil.

Rio de Janeiro, then and now

The former capital of Brazil, Rio de Janeiro is located in the state of the same name on the south-eastern strip of the country's Atlantic coast. It is one of the most visited cities in the southern hemisphere. In January 1502, the second exploratory expedition by the Portuguese, led by Captain Gaspar de Lemos, reached Guanabara Bay. Legend has it that he entered the bay believing it to be a river, so he named it Rio de Janeiro, literally translated as "River of January".

Rio is a picture-postcard city, with lush green mountains, lakes, blue oceans and miles of white, sandy beaches. It is the home of Sugarloaf Mountain, Maracanã stadium, Guanabara Bay and, overlooking it all, the statue of Christ the Redeemer. It is no wonder Rio is known as the "Marvellous City". The friendliness of *cariocas* (as Rio locals are known) can be witnessed in the streets, in the bars and at the beach.

CLIMATE

Rio de Janeiro benefits from a mild to warm climate during the winter month of August. Based on statistics from recent years, athletes can expect an average daily high of around 21-22°C (70-72°F) in the Olympic Village. On average, relative humidity ranges from a minimum of approximately 60 per cent to a maximum of approximately 80 per cent. The average monthly rainfall during August is 42 millimetres; the prevailing winds are from the south-west and south-east. The average daylight hours in Rio de Janeiro at Games time (August and September) are from 6.00am to 6.00pm.

RIO DE JANEIRO IN 2016

POPULATION:

6,453,682, estimated in 2014

LOCAL TIME:

Greenwich Mean Time (GMT) -3

ALTITUDE:

2m

OFFICIAL LANGUAGE:

Portuguese

AREA:

1,197 km² (Brazil: 8,515,767km²)

GOVERNMENT:

Prefeitura do Rio de Janeiro

(www.rio.rj.gov.br)

CURRENCY:

Real/Reais (plural)

LATITUDE AND LONGITUDE:

22°54'10" S, 43°12'27" W

The city's Olympic heritage

Brazil is a nation with sport in its blood and has always been a serious competitor in the Olympic Games. Never content with just taking part, the country has long dreamt of hosting the world's biggest sporting event. Brazil's first bid came in 1932, to host the 1936 Games, but Rio de Janeiro failed to advance past the International Olympic Committee's initial selection phase. Sixty years later, Brasilia was a candidate for the 2000 Games, until its bid was withdrawn in the first phase. But Brazilian hopes were not dashed, rooted as they were in a deep belief in the value of the Games, and with the certainty that hosting them would boost national development efforts. With firm, unyielding commitment, the groundwork was already being laid on a path that, with each bid, was taking on an ever more clearly defined direction.

Rio de Janeiro's next attempt was to host the 2004 Olympic Games, but again it did not pass the initial selection phase. The Committee's General Assembly made a strategic decision to focus on a Rio bid for the 2007 Pan American Games, with a commitment to making it the biggest and best such games ever held. Competitors and managers were determined to work towards ensuring that the cream of Brazilian athletes would compete on home soil, at a truly impressive event in state-of-the-art arenas. At the same time, Rio prepared its bid for the 2012 Games, in which the city was up against stiff competition. Despite the acknowledged quality of its bid, it was eliminated from the Candidate City shortlist.

Rio's 2004 and 2012 bids were part of an ongoing process in which the city's positive points were strengthened, and the weaker areas addressed, to provide the structure for the next Olympic bid. In 2007, the organisers of the Pan American Games exceeded all expectations, delivering the best edition in these games' history. The capacity to stage and promote a major sporting event had been proven, and recognition for all the effort expended did not take long to arrive: on 2 October 2009, after a hard-fought campaign, Rio de Janeiro won the right to host the 2016 Olympic and Paralympic Games, the first to be held on South American soil.

Rio 2016

THE OLYMPIC GAMES IN BRIEF

SPORTS:

28

DISCIPLINES:

42

MEDAL EVENTS:

306

ATHLETES:

10,903

COMPETITION VENUES:

37

DAYS OF COMPETITION:

19

COMPETITION SESSIONS:

698

OLYMPIC VILLAGE OFFICIAL

OPENING:

24 July 2016

OPENING CEREMONY:

5 August 2016

CLOSING CEREMONY:

21 August 2016

COMPETITION VENUES

A total of 37 competition venues, across four (4) zones in Rio de Janeiro and the football cities, will be used for the Olympic Games.

Barra zone

The Barra zone will be the heart of the Rio 2016 Olympic Games. Located in *Zona Oeste* (West zone), the area will be a beautiful setting for the competitions. Surrounded by lagoons, mountains and parks, this neighbourhood's idyllic natural setting will be home to the athletes, as well as welcome thousands of spectators and Games visitors. The Olympic Village, Barra Olympic Park, Riocentro, IBC/MPC and Barra Media Accommodation Villages are all located in the Barra zone. Barra will house 15 competition venues, with 16 sports taking place.

Barra Olympic Park

CARIOCA ARENA 1:

Basketball

FUTURE ARENA:

Handball

OLYMPIC TENNIS CENTRE:

Tennis

CARIOCA ARENA 2:

Judo, Wrestling (Freestyle, Greco-Roman)

MARIA LENK AQUATICS CENTRE:

Aquatics (Diving, Synchronised Swimming)

RIO OLYMPIC ARENA

Gymnastics (Artistic, Rhythmic, Trampoline)

CARIOCA ARENA 3:

Fencing, Taekwondo

OLYMPIC AQUATICS STADIUM:

Aquatics (Swimming, Water Polo)

RIO OLYMPIC VELODROME:

Cycling (Track)

Other venues in the Barra zone

OLYMPIC GOLF COURSE:

Golf

RIOCENTRO - PAVILION 3:

Table Tennis

PONTAL:

Cycling (Road – Time Trial), Athletics (Race Walk)

RIOCENTRO - PAVILION 4:

Badminton

RIOCENTRO - PAVILION 2:

Weightlifting

RIOCENTRO - PAVILION 6:

Boxing

Copacabana zone

Copacabana is one of the city's most famous neighbourhoods. Located in Rio de Janeiro's *Zona Sul*, or southern area, it boasts a beautiful, crescent-shaped beach that stretches more than four kilometres and is one of the most eye-catching images in the city. On Sundays, the lanes of *Avenida Atlântica* — the beachfront avenue — are closed to cars, so that the *carioca* population and visitors can enjoy the pleasant promenade atmosphere. Families and people of all ages may practise sport, swim in the ocean or simply relax: this is the Copacabana spirit. With its world-famous beaches, beautiful mountains and globally recognisable landmarks, including Sugarloaf and Corcovado, the Copacabana zone will be the perfect setting for the road competitions. With a population of nearly two million people, the events will certainly benefit from an authentically energetic *carioca* vibe. Copacabana will house four (4) competition venues, with seven (7) sports taking place.

BEACH VOLLEYBALL ARENA:

Volleyball (Beach Volleyball)

FORT COPACABANA:Aquatics (Marathon Swimming),
Triathlon, Cycling (Road – Road Race)**LAGOA STADIUM:**

Canoe (Sprint), Rowing

MARINA DA GLÓRIA:

Sailing

Deodoro zone

Located in the western part of Rio, the Deodoro zone is connected to the city centre and beyond by train lines. Venue construction for the Rio 2007 Pan American Games resulted in an increase in the number of youngsters practising sport, and it is anticipated that this level of participation will increase further with the opening of new venues for the Rio 2016 Games. Deodoro will house nine (9) competition venues, with (8) sports taking place.

DEODORO AQUATICS CENTRE:

Modern Pentathlon (swimming)

OLYMPIC BMX CENTRE:

Cycling (BMX)

OLYMPIC SHOOTING CENTRE:

Shooting

DEODORO STADIUM:Modern Pentathlon (riding,
combined event), Rugby**OLYMPIC EQUESTRIAN CENTRE:**Equestrian (Dressage, Eventing,
Jumping)**WHITEWATER STADIUM:**

Canoe (Slalom)

MOUNTAIN BIKE CENTRE:

Cycling (Mountain Bike)

OLYMPIC HOCKEY CENTRE:

Hockey

YOUTH ARENA:Basketball, Modern Pentathlon
(fencing)**Maracanã zone**

The Maracanã zone includes two of Rio's most iconic venues: Maracanã and the Sambódromo, in addition to the Olympic Stadium, built for the Rio 2007 Pan American Games, and nicknamed "Engenhão", after the Engenho de Dentro neighbourhood in which it is located. The zone, though part of *Zona Norte*, the northern area, is located close to the city centre. Hundreds of people visit the Maracanã complex every day, where they take advantage of its spaces for physical exercise, such as walking and jogging. Maracanã will host the Opening and Closing ceremonies of the Olympic Games, as well as Football and the adjacent Maracanãzinho will host the Volleyball competition. The Marathon (Athletics) and Archery competitions will take place in the Sambódromo, while the Olympic Stadium will be home to Athletics (track and field) and Football. In total, the Maracanã zone will house four (4) Olympic venues, with four (4) sports taking place.

MARACANÃ:Opening and Closing Ceremonies,
Football**OLYMPIC STADIUM:**

Athletics, Football

SAMBÓDROMO:

Archery, Athletics (Marathon)

MARACANÃZINHO:

Volleyball

Football cities

In addition to Rio de Janeiro, Football events will take place in five (5) other cities, taking the Rio 2016 Games around Brazil. The tournament will benefit of world class stadia, which have hosted the 2014 FIFA World Cup Brazil.

MARACANÃ STADIUM AND OLYMPIC STADIUM:

Rio de Janeiro

AMAZÔNIA ARENA:

Manaus

FONTE NOVA ARENA:

Salvador

MANÉ GARRINCHA STADIUM:

Brasília

MINEIRÃO:

Belo Horizonte

ITAQUERA ARENA:

São Paulo

Aquece Rio

Aquece Rio ('Rio Warms Up') is the test event programme for the Olympic Games. The test events organised by Rio 2016 will be under the banner of the Aquece Rio series, while others will be staged by the respective International Sports Federations or Brazilian Sport Federations.

In total, 45 test events will have been staged when the programme, which finishes in May 2016, is completed.

The programme will include 34 Olympic, six Paralympic and four joint Olympic and Paralympic test events. More than 7,700 athletes will get a taste of the host city and around 16,000 volunteers will participate in the test events, which will take place across 156 days of competition in total.

There will be three clusters of events, the first between July and October 2015, focusing on outdoor events to provide athletes with the same climatic conditions that can be expected at Games time. The second, from November 2015 to February 2016, will be more focused on indoor events, while the last, between March and May 2016, will allow preparations to be finalised.

Just before the one-year-to-go mark, the International Volleyball Federation (FIVB) will organise the first 2015 test event, with the FIVB World League Finals taking place from 15 to 19 July in the Maracanãzinho, followed by the Olympic and Paralympic Triathlon event in Copacabana on 1 and 2 August; the World Rowing Junior Championships at Lagoa Rodrigo de Freitas, from 5 to 9 August; and the equestrian event at the Olympic Equestrian Centre in Deodoro from 6 to 9 August.

The events provide an important opportunity to test the competition areas and results systems, as well as integrating all the relevant stakeholders and training the team of people who will be responsible for running the events during the Games.

For more details about the test events schedule, please visit www.aquecerio.com/en.

Celebra

Celebra, the Rio 2016 culture programme, will consist of a great celebration of Brazilian and international culture, mainly through free events to be held in public spaces, aiming to expand access to culture and incorporate it into day-to-day city life. Besides interactive installations encouraging engagement with the Rio 2016 Games, there will be a strong artistic programme, emphasising proponents of national and international culture.

The Celebra programme will embody Brazilian history and take it to the streets like never before. Access to culture, in the broadest sense, is at the heart of the programme, which is divided into six segments: literature, dance, music, visual arts, performing arts and everyday life.

After the Games

The Rio 2016 Games will be a catalyst for change in Rio de Janeiro and Brazil, leaving a positive transformation and lasting legacy not only in terms of sport, but also for society, the economy, urban infrastructure and environment. More details about Rio 2016's legacy can be found on the Rio Exchange.



COMPETITION

Sailing at the Olympic Games

Yacht racing developed in the 17th century, initially in Holland. The sport began to grow in England when Charles II was restored to the throne: the King was a keen sailor and owned a number of small sailing vessels that he raced on the Thames. Racing was already well established when the schooner America crossed the Atlantic in 1851 and won a race around the Isle of Wight, beating a number of English yachts and winning the trophy that is now known as the America's Cup.

Sailing first featured at the Olympic Games in 1900, made its next Olympic appearance in 1908 and has been on every Olympic programme since then. It has been known as Sailing only since the Sydney 2000 Games; prior to this, it was officially known as Yachting.

KEY PERSONNEL

International Sailing Federation (ISAF)

Technical Delegates	Scott Perry (URU) Alastair Fox (GBR)
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RIO 2016 COMPETITION MANAGEMENT

Sailing Competition Manager	Walter Böddener (BRA)
Sailing Service Manager	Fernanda Hoffmann (BRA)
Sailing Technical Operations Manager	Nelson Falcão (BRA)
FOP Manager	Ricardo Navarro (BRA)
Deputy FOP Manager	TBD



Walter Böddener
Sailing Competition Manager, Rio 2016

Walter Böddener has spent a lifetime in sailing, first teaching children and then becoming an Olympic coach in 2001. He attended Olympic Games in Athens 2004 and in Beijing 2008 as a coach for Brazil. For London 2012, he was the General Manager of the Brazilian team. From 2005 until 2010, Walter was the Technical Coordinator of the Brazilian Sailing Federation, where he organised several national events and the ISAF Youth World Championship in 2009.

For details on how to contact the IOC, Rio 2016, ISAF and CBVela, see pp40-42.

The Sailing competition

The Sailing competition at the Rio 2016 Olympic Games will be held at Marina da Glória from Monday 8 August to Thursday 18 August 2016 with a spare day on Friday 19 August. The competition will consist of 10 medal events, summarised below:

MEDAL EVENTS		
Men (5)	Women (4)	Mixed (1)
Men's Windsurfer - RS:X	Women's Windsurfer- RS:X	Mixed Multihull - Nacra 17
Men's One Person Dinghy - Laser	Women's One Person Dinghy – Laser Radial	
Men's One Person Dinghy (Heavyweight) - Finn	Women's Two Person Dinghy - 470	
Men's Two Person Dinghy - 470	Women's Skiff – 49er FX	
Men's Skiff - 49er		

A total of 380 athletes may take part in the Sailing competition. This figure comprises 207 male and 154 female athletes, plus 15 places — eight (8) men and seven (7) women — allocated to the host country and four (4) tripartite commission places — two (2) men and two (2) women. For details of the qualification requirements, see [p39](#).

Competition format

Races will be conducted around a course of marker buoys laid by the Race Committee. The orientation of the course will be set so that the first (1st) leg of the race is always into the wind, with the start line at right angles to the wind. There may be up to six (6) race courses laid at the same time, with one (1) or two (2) classes simultaneously racing on the same race area.

A race may consist of one (1), two (2) or three (3) laps of the course, as determined by the Race Committee immediately before the start of the race. The race committee may alter the size of the course and the number of laps in order to ensure races of a certain length of time.

Fleet racing

Each fleet racing event will consist either of a 10-race series plus the Medal Race for the Laser, Laser Radial, 470 men, 470 women and Finn classes, and a 12-race series plus the Medal Race for the 49er, 49er FX, RS:X men, RS:X women and Nacra 17 classes.

In each event, all qualified competitors/crews will participate in the opening 10- or 12-race series, for which a low-point scoring system will be used: the winner of each race will be awarded one (1) point, the competitor/crew finishing second (2nd) will be awarded two (2) points, and so on. If a competitor/crew is disqualified or fails to finish a race, they will be awarded one (1) more point than the total number of competitors/crews: for instance, if there are 20 competitors/crews, failure to finish or disqualification would result in a score of 21 points.

After the opening 10- or 12-race series, the points from the worst race performance for each competitor/crew will be discarded, and the remaining points will be added together and used to determine the rankings. At this stage, the 10 competitors/crews with the best (lowest) overall score will advance to the Medal Race, for which points are doubled: two (2) points for first (1st) place, four (4) points for second (2nd) place, and so on. Points earned in the Medal Race will be added to the total points from the opening series to determine the final rankings. Any ties in these final rankings will be broken in favour of the competitor/crew finishing higher in the Medal Race.

Further information will be made available in the Sailing Instructions.

The rules

The Sailing competition will be held in accordance with the editions of the following documents that are in force at the time of the Games:

ISAF RACING RULES OF SAILING 2013–2016

(available at www.sailing.org/racingrules)

ISAF OLYMPIC SAILING COMPETITION EQUIPMENT INSPECTION REGULATIONS

(available at www.sailing.org) (available from spring 2016)

RIO 2016 OLYMPIC GAMES SAILING INSTRUCTIONS

(available at <https://theexchange.rio2016.com>) (available from spring 2016)

THE OLYMPIC CHARTER

(available at www.olympic.org/olympic-charter/documents-reports-studies-publications)

In accordance with Rule 46 of the IOC Olympic Charter, ISAF will be responsible for the technical control and direction of the Sailing competition at the Rio 2016 Olympic Games.

CLOTHING AND EQUIPMENT

Clothing and equipment used by athletes and other participants in the Sailing competition at the Olympic Games must comply with the documents listed below:

ISAF RACING RULES OF SAILING 2013–2016

(available at www.sailing.org/racingrules)

ISAF OLYMPIC SAILING COMPETITION EQUIPMENT INSPECTION REGULATIONS

(available at www.sailing.org) (available from spring 2016)

RIO 2016 OLYMPIC GAMES SAILING INSTRUCTIONS, REGULATIONS AND SAFETY MANUAL

(available at <https://theexchange.rio2016.com>) (available from spring 2016)

THE OLYMPIC CHARTER

(available at www.olympic.org/olympic-charter/documents-reports-studies-publications)

Rule 50: Advertising, demonstrations, propaganda and Bye-law to Rule 50

GUIDELINES REGARDING AUTHORISED IDENTIFICATIONS FOR THE GAMES OF THE XXXI OLYMPIAD, RIO 2016

(distributed by the IOC to all NOCs)

Sailing classes

The Rio 2016 Sailing competition will have six (6) classes, four (4) of them, namely Laser, RS:X, 470 and 49er, competed on by men and women. The Finn is the oldest class in the Olympic programme, raced since Helsinki 1952, and is only for men. Two (2) new classes will make their debut in the Olympic programme: the 49er FX Skiff for women and the Nacra 17, a catamaran, the competition for which will be introduced for the first time as a mixed event.

Weather

Rio de Janeiro as a whole benefits from a mild to warm climate during the winter month of August. Based on statistics from recent years, teams can expect an average daily high of around 21-22°C (70-72°F) in the Copacabana zone. On average, relative humidity ranges from a minimum of around 60 per cent to a maximum of around 80 per cent during this period. The average monthly rainfall during August is 53 millimetres.

The prevailing winds for Rio de Janeiro are from the south-east. From 2003 to 2014, the winds in August were from the south-east quadrant on 90 per cent of the days between 11.00am and 6.00pm, on an average wind speed of 8 to 9 knots. Especially in the morning (until 11.00am) the winds in Rio de Janeiro are from the north-east quadrant with an average wind speed of 4 to 5 knots.

Strong winds (between 18 and 25 knots) were observed at least two (2) days in the month in August from 2003 until 2012, when a cold front system passed through Rio de Janeiro. Gale-force winds (at a speed of 34 knots or more for a period of 10 minutes, or gusts exceeding 43 knots) are very rare.

Forecasters from the Navy Hydrographic Centre (CHM) and the Centre for Weather Forecasting and Climate Research (CPTEC) will be based in Rio de Janeiro during the competition, and will be providing daily weather updates to the Race Committee. Daily forecasts will be distributed at the Team Managers' meetings and will also be available at Info+.

Sailing competition schedule

MONDAY 8 AUGUST 2016 (DAY 3), MARINA DA GLÓRIA	
SA01 13.00 - 17.30	RS.X - Men's Windsurfer - race 1
	RS.X - Men's Windsurfer - race 2
	RS.X - Men's Windsurfer - race 3
	RS.X - Women's Windsurfer - race 1
	RS.X - Women's Windsurfer - race 2
	RS.X - Women's Windsurfer - race 3
	Laser - Men's One Person Dinghy - race 01
	Laser - Men's One Person Dinghy - race 02
	Laser Radial - Women's One Person Dinghy - race 1
	Laser Radial - Women's One Person Dinghy - race 2
TUESDAY 9 AUGUST 2016 (DAY 4), MARINA DA GLÓRIA	
SA02 13.00 - 17.30	RS.X - Men's Windsurfer - race 4
	RS.X - Men's Windsurfer - race 5
	RS.X - Men's Windsurfer - race 6
	RS.X - Women's Windsurfer - race 4
	RS.X - Women's Windsurfer - race 5
	RS.X - Women's Windsurfer - race 6
	Laser - Men's One Person Dinghy - race 03
	Laser - Men's One Person Dinghy - race 04
	Laser Radial - Women's One Person Dinghy - race 3
	Laser Radial - Women's One Person Dinghy - race 4
	Finn - Men's One Person Dinghy (Heavyweight) - race 1
	Finn - Men's One Person Dinghy (Heavyweight) - race 2

WEDNESDAY 10 AUGUST 2016 (DAY 5), MARINA DA GLÓRIA		
SA03 13.00 - 17.30		RS.X - Men's Windsurfer - reserve day
		RS.X - Women's Windsurfer - reserve day
		Laser - Men's One Person Dinghy - race 05
		Laser - Men's One Person Dinghy - race 06
		Laser Radial - Women's One Person Dinghy - race 5
		Laser Radial - Women's One Person Dinghy - race 6
		Finn - Men's One Person Dinghy (Heavyweight) - race 3
		Finn - Men's One Person Dinghy (Heavyweight) - race 4
		470 - Men's Two Person Dinghy - race 1
		470 - Men's Two Person Dinghy - race 2
		470 - Women's Two Person Dinghy - race 1
		470 - Women's Two Person Dinghy - race 2
		Nacra 17 - Mixed Multihull - race 1
		Nacra 17 - Mixed Multihull - race 2
		Nacra 17 - Mixed Multihull - race 3

THURSDAY 11 AUGUST 2016 (DAY 6), MARINA DA GLÓRIA		
SA04 13.00 - 17.30		RS.X - Men's Windsurfer - race 7
		RS.X - Men's Windsurfer - race 8
		RS.X - Men's Windsurfer - race 9
		RS.X - Women's Windsurfer - race 7
		RS.X - Women's Windsurfer - race 8
		RS.X - Women's Windsurfer - race 9
		Laser - Men's One Person Dinghy - reserve day
		Laser Radial - Women's One Person Dinghy - reserve day
		Finn - Men's One Person Dinghy (Heavyweight) - race 5
		Finn - Men's One Person Dinghy (Heavyweight) - race 6
		470 - Men's Two Person Dinghy - race 3
		470 - Men's Two Person Dinghy - race 4
		470 - Women's Two Person Dinghy - race 3
		470 - Women's Two Person Dinghy - race 4
		Nacra 17 - Mixed Multihull - race 4
		Nacra 17 - Mixed Multihull - race 5
		Nacra 17 - Mixed Multihull - race 6

FRIDAY 12 AUGUST 2016 (DAY 7), MARINA DA GLÓRIA	
SA05 13.00 - 17.30	RS.X - Men's Windsurfer - race 10
	RS.X - Men's Windsurfer - race 11
	RS.X - Men's Windsurfer - race 12
	RS.X - Women's Windsurfer - race 10
	RS.X - Women's Windsurfer - race 11
	RS.X - Women's Windsurfer - race 12
	Laser - Men's One Person Dinghy - race 07
	Laser - Men's One Person Dinghy - race 08
	Laser Radial - Women's One Person Dinghy - race 7
	Laser Radial - Women's One Person Dinghy - race 8
	Finn - Men's One Person Dinghy (Heavyweight) - reserve day
	470 - Men's Two Person Dinghy - race 5
	470 - Men's Two Person Dinghy - race 6
	470 - Women's Two Person Dinghy - race 5
	470 - Women's Two Person Dinghy - race 6
	49er - Men's Skiff - race 1
	49er - Men's Skiff - race 2
	49er - Men's Skiff - race3
	49er FX - Women's Skiff - race 1
	49er FX - Women's Skiff - race 2
	49er FX - Women's Skiff - race 3
	Nacra 17 - Mixed Multihull - reserve day

SATURDAY 13 AUGUST 2016 (DAY 8), MARINA DA GLÓRIA		
SA06 13.00 - 17.30		RS.X - Men's Windsurfer - reserve day
		RS.X - Women's Windsurfer - reserve day
		Laser - Men's One Person Dinghy - race 09
		Laser - Men's One Person Dinghy - race 10
		Laser Radial - Women's One Person Dinghy - race 9
		Laser Radial - Women's One Person Dinghy - race 10
		Finn - Men's One Person Dinghy (Heavyweight) - race 7
		Finn - Men's One Person Dinghy (Heavyweight) - race 8
		470 - Men's Two Person Dinghy - reserve day
		470 - Women's Two Person Dinghy - reserve day
		49er - Men's Skiff - race 4
		49er - Men's Skiff - race 5
		49er - Men's Skiff - race 6
		49er FX - Women's Skiff - race 4
		49er FX - Women's Skiff - race 5
		49er FX - Women's Skiff - race 6
		Nacra 17 - Mixed Multihull - race 7
		Nacra 17 - Mixed Multihull - race 8
		Nacra 17 - Mixed Multihull - race 9

SUNDAY 14 AUGUST 2016 (DAY 9), MARINA DA GLÓRIA		
SA07 13.00 - 17.30		RS.X - Men's Windsurfer - medal race
		RS.X - Women's Windsurfer - medal race
		Laser - Men's One Person Dinghy - reserve day
		Laser Radial - Women's One Person Dinghy - reserve day
		Finn - Men's One Person Dinghy (Heavyweight) - race 9
		Finn - Men's One Person Dinghy (Heavyweight) - race 10
		470 - Men's Two Person Dinghy - race 7
		470 - Men's Two Person Dinghy - race 8
		470 - Women's Two Person Dinghy - race 7
		470 - Women's Two Person Dinghy - race 8
		49er - Men's Skiff - reserve day
		49er FX - Women's Skiff - reserve day
		Nacra 17 - Mixed Multihull - race 10
		Nacra 17 - Mixed Multihull - race 11
		Nacra 17 - Mixed Multihull - race 12

MONDAY 15 AUGUST 2016 (DAY 10), MARINA DA GLÓRIA		
SA08 13.00 - 17.30		RS.X - Men's Windsurfer - reserve day
		RS.X - Women's Windsurfer - reserve day
		Laser - Men's One Person Dinghy - medal race
		Laser Radial - Women's One Person Dinghy - medal race
		Finn - Men's One Person Dinghy (Heavyweight) - reserve day
		470 - Men's Two Person Dinghy - race 9
		470 - Men's Two Person Dinghy - race 10
		470 - Women's Two Person Dinghy - race 9
		470 - Women's Two Person Dinghy - race 10
		49er - Men's Skiff - race 07
		49er - Men's Skiff - race 08
		49er - Men's Skiff - race 09
		49er FX - Women's Skiff - race 07
		49er FX - Women's Skiff - race 08
		49er FX - Women's Skiff - race 09
		Nacra 17 - Mixed Multihull - reserve day

TUESDAY 16 AUGUST 2016 (DAY 11), MARINA DA GLÓRIA		
SA09 13.00 - 17.30		Laser - Men's One Person Dinghy - reserve day
		Laser Radial - Women's One Person Dinghy - reserve day
		Finn - Men's One Person Dinghy (Heavyweight) - medal race
		470 - Men's Two Person Dinghy - reserve day
		470 - Women's Two Person Dinghy - reserve day
		49er - Men's Skiff - race 10
		49er - Men's Skiff - race 11
		49er - Men's Skiff - race 12
		49er FX - Women's Skiff - race 10
		49er FX - Women's Skiff - race 11
		49er FX - Women's Skiff - race 12
		Nacra 17 - Mixed Multihull - medal race
WEDNESDAY 17 AUGUST 2016 (DAY 12), MARINA DA GLÓRIA		
SA10 13.00 - 17.30		470 - Men's Two Person Dinghy - medal race
		470 - Women's Two Person Dinghy - medal race
		49er FX - Women's Skiff - reserve day
		49er - Men's Skiff - reserve day
		Finn - Men's One Person Dinghy - reserve day
		Nacra 17 - Mixed Multihull - reserve day
THURSDAY 18 AUGUST 2016 (DAY 13), MARINA DA GLÓRIA		
SA11 13.00 - 17.30		470 - Men's Two Person Dinghy - reserve day
		470 - Women's Two Person Dinghy - reserve day
		49er FX - Women's Skiff - medal race
		49er - Men's Skiff - medal race
FRIDAY 19 AUGUST 2016 (DAY 14), MARINA DA GLÓRIA		
SA12 13.00 - 17.30		49er FX - Women's Skiff - reserve day
		49er - Men's Skiff - reserve day



COMPETITION AND TRAINING VENUE

Competition venue

MARINA DA GLÓRIA

Av. Infante D. Henrique s/ nº
Aterro do Flamengo

The city of Rio de Janeiro is recognised as having some of the trickiest sailing waters in Brazil, with three (3) sailing areas in Guanabara Bay and three (3) outside of it. The Sailing competition will be hosted at Marina da Glória, a 450-berth public marina close to downtown Rio de Janeiro and the Rio de Janeiro Domestic Airport - Santos Dumont. The gross capacity during the Olympic Games will be 3,500.

There have been numerous enhancements to Marina da Glória ahead of the Games, including the addition of a new slipway, additional boat parking, 150 more moorings, two (2) cranes on a separate pier and the renovation of the existing breakwater outside the harbour. For the first time in Sailing, an official spectator area will be fitted just beside the venue, at Flamengo Beach, just in front of the medal race area. The beach will also be used to launch the men's and women's RS:X and the Nacra 17 classes.

FIELD OF PLAY

The field of play for the Sailing competition at Rio de Janeiro will contain up to six (6) race courses, three (3) located in Guanabara Bay and three (3) on surrounding waters outside the bay. The competition area and all equipment will be presented in accordance with ISAF rules and regulations.

FACILITIES

Facilities at the competition venue will include:

- changing rooms and showers (separate facilities for men and women)
- lounges for athletes and officials
- catering services
- internet access
- boat park and container park
- mixed zone, where accredited media may conduct interviews with athletes after competition
- Sport Information Desk (for details, see [p37](#))
- medical facilities (for details, see [p36](#))
- doping control station (for details, see [p37](#))

Training venue

MARINA DA GLÓRIA

Av. Infante D. Henrique s/ nº
Aterro do Flamengo

Training for the Sailing competition will take place at Marina da Glória, located in the Copacabana zone.

The venue will be open for training from Sunday 24 July until Thursday 9 August.

All training equipment will be approved by the ISAF, and will comply with Rule 50 and the Bye-law to Rule 50 of the IOC Olympic Charter.

The Sailing facilities at Marina da Glória will include:

- **changing rooms and showers (separate facilities for men and women)**
- **lounge area**
- **sport equipment storage**
- **catering services**
- **medical facilities**



GENERAL INFORMATION

Accreditation

Accreditation is the process of identifying individuals and their roles at the Olympic Games, while ensuring that they are granted appropriate access to fulfil their roles. Accreditation also ensures that all Games participants are granted entry into Brazil for the Games. A basic summary of the Accreditation process is given below; full details will be provided in the Accreditation application materials that will be available on the Rio Exchange in December 2015 and distributed by Rio 2016 to NOCs in January 2016.

ACCREDITATION TIMELINE

The deadline for accreditation applications is 11.59pm Rio de Janeiro time (GMT-3) on 29 April 2016. The accreditation application must be submitted together with an acceptable photograph.

NOCs are responsible for submitting all accreditation applications directly to Rio 2016. To ensure compliance with data protection principles, all applications should be submitted through the eAccreditation (ECR) module of the Games Management System.

Eligibility Conditions Form

As required by the IOC and in accordance with Rule 40 of the Olympic Charter, **all individuals** submitted in the following NOC accreditation categories must complete an Eligibility Conditions Form (ECF), acknowledging their compliance with IOC and International Federation (IF) rules regarding Games participation:

- Aa - athletes
- Ac - Chef de Mission, Deputy Chefs de Mission, Olympic Attaché
- Ao - Primary and Additional Team Officials (including grooms)
- P - alternate athletes, personal coaches and training partners
- NOC - NOC President and Secretary General, all dignitary categories (including entourage), NOC horse owners, NOC drivers
- NOC** - Accompanying guests of individuals in the NOC category (where applicable)

Without a signed form, an athlete will not be able to compete and team officials will not be eligible for accreditation at the Rio 2016 Olympic Games.

THE FOLLOWING ARE KEY ACCREDITATION DATES FOR ATHLETES, TEAM OFFICIALS AND DIGNITARIES:

DATE	APPLIES TO	ACTIVITY
4 January 2016	ALL	Rio 2016 distributes the NOC Accreditation Manual, Sport Entries Manual and associated materials, in electronic format (CD/USB) by courier to NOCs
29 April 2016	ALL	Deadline for NOCs to submit all athlete, team official and dignitary (Aa, Ac, Ao, P, NOC, NOC**) accreditation applications to Rio 2016 through the eAccreditation system
June 2016	ALL	Rio 2016 produces and dispatches Pre-Valid Cards (including those for NOC accredited press) to NOCs
1 June 2016	ATHLETES	Sport Entries (SEQ) module opens for sport entries submission
18 July 2016	ATHLETES	Deadline for NOCs to submit sport entries to Rio 2016 through the SEQ module

PRE-VALID CARDS (PVCs)

Rio 2016 will produce Pre-Valid Cards for all NOC delegates whose attendance at the Games has been confirmed during the Pre-DRMs. The production and distribution process will commence as soon as the Pre-DRMs have been completed.

Holders of Pre-Valid Cards (PVCs) or Olympic Identity and Accreditation Cards (OIAC), which is the PVC once it has been validated, may enter Brazil multiple times from 5 July 2016 until 28 October 2016 upon presentation of their card and a valid travel document (passport or national ID for Mercosur nationals) without requiring a separate entry visa. Rio 2016 will work with airlines and immigration services worldwide to ensure that all necessary authorities are aware that the PVC can be used as a visa waiver to travel to Brazil for the Games.

Note that the PVC will not act as a visa waiver or transit visa for any other country. Individuals transiting through another country are responsible for obtaining the necessary entry/transit documentation.

Individuals using their PVC or validated OIAC as an entry document must ensure that their travel document is valid beyond 31 December 2016, and that it is the same document that was provided to Rio 2016 during the accreditation application.

ACCREDITATION CARD VALIDATION

Individuals arriving in Brazil through Rio de Janeiro's Tom Jobim International Airport (GIG) will be able to validate their PVCs at the airport, provided that their NOC's DRM has been completed. Validation desks will be located at both terminals after immigration and before baggage claim.

Individuals arriving through other ports of entry (including the Santos Dumont Domestic Airport or the football co-host city airports) should proceed to the appropriate main accreditation centre to complete the accreditation validation process. Each individual must attend an accreditation facility in person to complete the validation process. Individuals should bring their PVC and the valid identity document that was provided to Rio 2016 in the accreditation application.

Accreditation facilities

Accreditation Centres and Venue Accreditation Offices (VAOs) will be located at strategic locations at official Olympic venues. The main accreditation centre for NOC delegations will be the Olympic Village Welcome Centre. Please be aware that only PVC validation services will be provided at the accreditation desks at Tom Jobim International Airport. Full accreditation services will be available at the football co-host city accreditation centres.

THE TABLE BELOW LISTS ALL ACCREDITATION FACILITIES AND THE SERVICES PROVIDED:

FACILITY	ZONE	PRIMARY POPULATION	SERVICE TYPE	SERVICE START DATE
GIG - Tom Jobim International Airport (Terminals 1 and 2)	Maracanã	All	Validation	5 July 2016
Olympic Village Welcome Centre (OLV)	Barra	Athletes and Team Officials	Full service	24 July 2016
Media Accreditation Centre (MPC/IBC)	Barra	Press and broadcast	Full service	5 July 2016
Deodoro Main Accreditation Centre	Deodoro	All	Full service	TBC*
Venue Accreditation Offices (VAOs) at competition venues only	All zones	All	Validation, reissuing lost/stolen cards	TBC*

*To be confirmed in the Rio 2016 NOC Accreditation Manual.

Tickets and accredited seating

GAMES-TIME TICKET SALES

At Games time, available tickets may be purchased through www.rio2016.com or at any of the following locations:

- Olympic Village (ticket box office at the Village Plaza)
- Competition venue (ticket box offices will operate on competition days at the relevant venues)

COMPLIMENTARY SPORT TICKETS

Athletes and officials may access the athletes' stand during competition for their own discipline(s) without a ticket, upon presentation of their Olympic Identity and Accreditation Card (OIAC). In order to watch competitions at venues in disciplines other than their own, athletes and officials will require a ticket.

NOC Chefs de Mission may request complimentary sport tickets (except in the case of Football in co-host cities) for their delegation members a day before the event through the Client Ticket Portal (CTP). Complimentary tickets will be limited in number, and demand is expected to exceed supply for many venues. NOC Relations and Services will allocate tickets according to availability, delegation size and NOC participation in the relevant sport. Chefs de Mission, or their ticketing proxy card holders, will be able to collect tickets from the NOC Services Centre in the Olympic Village the evening before the sessions.

Accommodation

During the Rio 2016 Olympic Games, the Olympic Village will accommodate 18,000 athletes and team officials. Athletes, officials and grooms will also reside in specific grooms' accommodation, Football hotels around Brazil and Additional Team Officials' (ATOs') accommodation.

A brief summary of the Olympic Village follows below. For details of medical services at the Olympic Village and other accommodations, see [p35](#).

OLYMPIC VILLAGE

The Olympic Village is located in the Barra venue zone, in the south-west part of the city, 2km from Riocentro and 3km from the Barra Olympic Park. The Village will officially open at 8.00am on 24 July 2016 and close at 6.00pm on 24 August 2016.

The Olympic Village will have a Plaza and a residential zone. The residential zone is restricted to residents. It contains the accommodation, recreational and catering facilities, as well as transport services to competition and training venues. The Village Plaza and residential zones will be separated by internal fencing and access control. Guests may enter the residential zone from the Village Plaza only if accompanied by a Village resident with 'R' on their OIAC.

Beginning at 8.00am on 24 July, and once DRMs and Inventory & Inspections (I&Is) have been completed for an NOC, all athletes and team officials from that NOC residing in the Olympic Village may arrive at the Welcome Centre, where luggage and equipment will be screened.

Accommodation

Athletes and officials will be accommodated in 31 buildings with 17 floors each, divided into seven condominiums. The apartments have between two and five bedrooms with up to nine beds. All social spaces will have soft furnishings (sofa and beanbags), a coffee table and a television with Olympic feed and free wireless internet (Wi-Fi) access.

Resident centres and services

There will be a resident centre in each of the seven condominiums, with three centres open 24 hours a day. Each resident centre will provide a front desk, hotel-like service that will assist with the resolution of issues relating to accommodation services in the Village, including housekeeping requests, maintenance issues and lost keys. They will also provide a concierge service, Info+ terminals internet access, and a lounge and meeting facilities.

The Village will provide a multi-faith centre for worship and meditation. It will contain representatives of the following religions: Buddhism, Christianity, Hinduism, Islam and Judaism, along with support for other religions and faiths.

FOOD SERVICES

The Main Dining Hall will be located in the residential zone adjacent to the Athlete Transport Mall and will operate on a 24-hour basis from 24 July until 24 August 2016. A menu, rotated on an eight-day cycle, will provide a wide range of meal choices and cater to all nutritional needs. A McDonald's restaurant and café will also be located in the Main Dining Hall. Additional dining options in the Village will include one 'grab-and-go' station in each of the seven condominiums, an outdoor casual dining area and the Plaza Café.

From 24 July until 21 August 2016, Athlete Venue Meals (AVM) will be available for athletes and officials who will be away from the Village for competition or training for more than four hours. AVMs must be ordered from the Sport Information Centre in the Olympic Village 48 hours in advance. Meals will be prepared at the venue to be collected from the Athletes' Lounge.

RESIDENT ENTERTAINMENT AND RECREATION

An Athletes' Lounge, music area and video game room will be available to Village residents for relaxation at the Village Entertainment Centre. An internet lounge will be located in the Village Plaza and will be open 24 hours a day.

ATHLETE FITNESS AND SPORT RECREATION

The Olympic Village will contain a gym with a good selection of cardiovascular equipment, resistance machines and free weights, as well as space for stretching and warming up/down.

Each condominium will have a dedicated recreational shallow swimming pool, which will be available for use by residents from 9.00am until 5.00pm daily.

The Olympic Village will also have an area with courts for recreational basketball, football, handball, tennis and volleyball (indoor). Note that equipment will not be provided.

Residents will also be able to use a transport service from the Athlete Transport Mall to the Olympic Village Beach, which is located in the Barra zone. Lounge chairs and beach umbrellas will be available free of charge to athletes and team officials.

VILLAGE PLAZA

The Village Plaza is a place for residents and guests to purchase retail items and souvenirs, as well as providing essential support services. It is also an area where Village residents and their guests can meet. Some shops and services within the Olympic Village Plaza will operate on a user-pay basis, while others are free of charge for athletes and officials. Retail outlets and services will include a bank, postal services, phone centre, internet lounge, dry cleaning, a general store and a ticket office. Team Welcome Ceremonies will also take place in the Plaza.

Transport

During the Rio 2016 Olympic Games, the TA (Transport for Athletes) system will provide transport services for athletes and team officials (Aa, Ac, Ao and P alternate athletes) and their accompanying luggage and personal sport equipment from 24 July until 24 August 2016. The TA bus system will provide the following transport services:

- arrivals and departures services from/to the airports in Rio de Janeiro to/from the Olympic Village
- arrivals and departures services from/to the airports in the Football co-host cities to/from the official hotels
- transport between the Olympic Village and official competition and training venues
- Internal Village Transport Service (IVTS) operating inside the Olympic Village
- Different Discipline Spectating Athlete (DDA) services
- ceremony services
- additional services to the Sugar Loaf Mountain, Christ the Redeemer, Metropolitan Shopping Mall and the beach

TA TRAINING AND COMPETITION SERVICES

Transport services for athletes and team officials for training and competition have been planned and developed in consultation with the IFs and in accordance with the requirements for each sport. TA system vehicles will vary in size, seating capacity and model.

Regularly scheduled transport services will connect athletes to designated training venues. The service will commence on 24 July 2016 and will continue until the close of each sport's individual training session.

On competition days, the TA service will start approximately two or three hours prior to competition starting, with the last bus leaving the venue a maximum of two hours post-competition.

INTERNAL VILLAGE TRANSPORT SERVICE

A daily Internal Village Transport Service (IVTS) shuttle will operate in the Olympic Village. The IVTS will connect key locations inside the Village, including the Welcome Centre, the Main Dining Hall and the Residential Zone. This service will operate 24 hours a day from 24 July until 24 August 2016. Frequency will vary depending on the time of day.

Equipment transfer

Rio 2016 Logistics will operate a scheduled free service for the transfer of athlete sport equipment between the Olympic Village and competition and training venues (non-competition venues other than the Olympic Village are not included). NOCs can request assistance with inter-venue transfers from the Logistics desk in the NOC Services Centre in the Olympic Village.

PUBLIC TRANSPORT

A number of public transport options are available to get around in Rio:

- Bus Rapid Transit system (BRT)
- Subway (Metrô Rio)
- Train (Supervia)
- Light Rail Train (LRT)
- Urban bus

Further details on public transport are available in the NOC Visit Guide on the Rio Exchange.

Information regarding the free-of-charge public transport options for accredited individuals will be made available in the Team Leaders' Guide.

Medical services

Public health services, including disease surveillance, communicable disease control and health protection (such as food, water and air quality) will be in place throughout Brazil during the Games.

Local hospitals that include 24-hour emergency specialist services and tourist clinics are also available around the city. Local pharmacies can be found in all neighbourhoods, and some are open 24 hours a day.

There are no vaccination requirements for entering Brazil, but NOCs are advised to consult their local physician prior to travelling to Brazil to ensure that all routine vaccinations are up to date.

Malaria and dengue fever

Cases of dengue fever and malaria have been documented across all regions of Brazil. Whilst cases of malaria in Rio de Janeiro are extremely rare, other states, such as those in which the football co-host cities of Brasília, Manaus and Belo Horizonte are located, have had a greater prevalence. NOCs are therefore advised to take the necessary precautions to protect themselves against mosquito bites.

Yellow fever

The yellow fever vaccine is not a requirement for entry to Brazil. However, in the more remote areas, including the Football co-host cities of Manaus and Brasília, yellow fever has been documented; therefore, it is recommended that NOCs take the necessary precautions. It should also be noted that even though Brazil does not require the yellow fever vaccine for entry, delegates are advised to verify with their airline if the vaccine is a requirement of their destination upon leaving Brazil, or any transiting countries throughout the journey.

A basic summary of medical services at the Games is given below; full details will be provided in the Healthcare Guide, which will be distributed by Rio 2016 to NOCs no later than six (6) months before the Games.

GAMES-TIME MEDICAL SERVICES

The Polyclinic will be located in the Residential Zone of the Olympic Village and will be the main treatment provider for urgent and necessary services for athletes and NOC team officials during the Games. The Polyclinic will be open and fully operational from 24 July until 24 August 2016.

Services will be offered between 7.00am and 11.00pm, seven days a week, with an emergency-services department operating 24 hours a day. Services in the Polyclinic will include:

- first aid and emergency services
- sports medicine
- dentistry
- imaging services: X-ray, ultrasound and MRI will be available on-site
- laboratory: for urine, blood and biochemical testing (some tests will be available on-site in the Polyclinic lab, whilst others will be performed and sent to a laboratory outside the Olympic Village for analysis)
- ophthalmology
- pharmacy
- physiotherapy and massage therapy (this will include treatment areas and a rehabilitation gym)
- podiatry
- primary care and specialist services: consultation rooms will be available for scheduled and on-call primary care and specialised services (such as dermatology, cardiology)
- IOC Medical Commission Offices

NOC doctors will be able to request imaging and laboratory services and discuss results with Rio 2016 medical services clinicians. Hospital referrals can only be made by Rio 2016 medical personnel. NOC doctors will be able to accompany team members to hospital and discuss management with the admitting doctor at the hospital.

The Polyclinic will have a 24-hour emergency phone number in case emergency medical assistance is required outside the operational hours stated above.

VENUE MEDICAL SERVICES

Medical facilities will be provided at competition, training and other official venues. Athlete and spectator services will be stocked with appropriate equipment, supplies and medication, and will be staffed by experienced medical personnel. Ambulances, staffed per Brazilian legislation by nurses and doctors, will be stationed at all official Rio 2016 competition and training venues, the Village Polyclinic and the main Olympic Family Hotel.

Competition and training venues

At least one dedicated athlete medical post will be present at all official Rio 2016 competition and training venues. Each medical post, staffed by physicians and therapists (physiotherapists and/or sports massage therapists), will provide services such as first aid and emergency care to athletes, team officials and technical officials. Athlete medical posts will be equipped with essential first aid and emergency equipment.

Field-of-play response

Field of Play (FOP) response teams will provide first aid and emergency services to athletes and officials on the Field of Play, should such services be required. If necessary, the patient will be retrieved from the FOP and transported to the athlete medical post, Polyclinic or designated hospital, as appropriate. The order of response on the FOP and any decision-making will differ in each venue in accordance with the rules of the respective IF.

Spectator medical services

All official Rio 2016 competition venues will have one or more spectator medical post that will provide first aid and emergency services to all other client groups, including spectators, workforce, media, sponsors and Olympic Family. There will also be mobile medical responders circulating throughout the venue to respond to any medical situation that occurs.

OLYMPIC FAMILY HOSPITALS

Athletes and team officials who require services beyond the capability of the Polyclinic will be transported to Vitória Hospital - Americas Medical City located in the Barra venue zone, near the Village and Barra Olympic Park. Any patient suffering from a life-threatening condition that may occur at another competition or training venue located in any of the other venue zones (Copacabana, Deodoro or Maracanã) will be taken to the nearest pre-selected hospital.

Doping control

Rio 2016 is committed to delivering a world-class anti-doping programme during the Olympic Games. In partnership with the IOC, Rio 2016's anti-doping programme will ensure that the integrity of sport is upheld, while protecting the rights and health of the athletes.

The programme will conduct testing anytime and anywhere, without prior notice, from 24 July until 21 August 2016 and will follow collection procedures consistent with IOC Anti-Doping Rules, which will be published in the third quarter of 2015, and the World Anti-Doping Code. There will be 38 Doping Control Stations in competition and non-competition venues, and sample analysis will be conducted at the WADA-accredited laboratory in Rio de Janeiro.

Rio 2016 encourages NOCs to take proactive and comprehensive measures to ensure athletes, support personnel and medical staff are informed of, for example, the anti-doping rules and procedures that will be in place during the Games, the latest 2016 prohibited list (published on 1 January 2016) and the importance of drug-free sport.

Sport information

SPORT INFORMATION DESKS

The Sport Information Centre (SIC) will be located in the Residential Zone of the Olympic Village and will provide key sport-specific information to teams through Sport Information Desks (SIDs) dedicated to each Olympic sport. SIDs will also be available at every competition venue. A variety of services and information will be available at the SIC, including:

- general competition-related information and sport-related communications from the Rio 2016 Sport Competition team or International Federations
- distribution of results, draws and start lists, daily training schedules and other key competition information

- booking of Games-time training slots and allocation of training sessions at competition venues for selected sports
- transport information and scheduling of team sport buses
- Athlete Venue Meal (AVM) bookings

The SIC will already be open on 24 July 2016, the day the Olympic Village officially opens, and will be open every day throughout the Games. The hours of operation will be as follows:

DATES	HOURS OF OPERATION
24 July - 20 August 2016	7.00am - 10.00pm
21-24 August 2016	8.00am - 8.00pm

INFO+

Info+ is the official Games-time intranet for the Olympic Family. It will be available in all competition and non-competition venues from 24 July 2016 and will contain the following information in English and French:

INFO+ CONTENT	DETAILS
Background	Historical data, statistics, competition formats and rules, qualification criteria and venue descriptions
Biographies	Athlete biographies and team, coach, referee and judge profiles
Ceremonies	Details about ceremonies (Opening, Closing, medals), including timings and participants
Games news	Flash quotes, press conference highlights, sport previews, news articles, statistics-driven reports, media communication and IOC news
Medals	Medal standings by sport; overall medal standings; and medallists by day, sport and event
Records	World and Olympic records, including current records, record holders and new or equalled records
Results	Competition results viewable by sport, date and NOC. Includes entry lists, start lists and additional sport-specific reports
Schedules	Competition and non-competition schedules, including press conferences, IOC activities and Cultural Olympiad
Transport	Transport schedules and maps
Weather	Real-time weather conditions and forecasts

Info+ terminals will be available at NOC offices in the Olympic Village. NOCs with a delegation size of 25+ (Aa, Ac, Primary Ao) will receive additional desktop computer(s) with internet access and a myInfo+ account.

myInfo+ is the online version of Info+ and is available for anyone with an internet connection and login (username and password) from anywhere in the world. myInfo+ provides additional features not available on Info+, such as:

- user customisation (the ability for users to create their own schedules by selecting only those sports and events that interest them)
- news/event alerts via SMS/text message or email
- bookmarking of results, reports and other Games information
- hyperlinking to other websites, such as those of the IOC and IFs
- downloadable results books
- ability to copy and paste information from results and news reports

Medals and diplomas

Medals and diplomas will be awarded in each event in accordance with the IOC Olympic Charter (Rule 56: Victory, Medal and Diploma Ceremonies) and the IOC Protocol Guide (Article 5.4).

FIRST PLACE

A gold (silver gilt) medal, a diploma and an Olympic medallist's pin

SECOND PLACE

A silver medal, a diploma and an Olympic medallist's pin

THIRD PLACE

A bronze medal, a diploma and an Olympic medallist's pin

FOURTH, FIFTH, SIXTH, SEVENTH AND EIGHTH PLACES

A diploma

Qualification and entries

Entries to the Olympic Games are the responsibility of the National Olympic Committees (NOCs), upon recommendations provided by their respective National Federations (NFs) and based on qualification systems defined by the International Federations (IFs) and approved by the IOC. Detailed sport-by-sport qualification systems are available and regularly updated on the IOC extranet for NOCs, NOCnet:

<http://extranet.olympic.org/nocnet/en/games/og/rio2016/sports/Pages/qualification.aspx>



DIRECTORY

Rio 2016 Organising Committee for the Olympic and Paralympic Games (Rio 2016)

Rio de Janeiro won the right to stage the Games of the XXXI Olympiad on 2 October 2009. The Rio 2016 Organising Committee for the Olympic and Paralympic Games (Rio 2016) is a private, not-for-profit sports association formed by the Brazilian Olympic Federations, Brazilian Olympic Committee (COB), and Brazilian Paralympic Committee (CPB). It was assigned this mission by the International Olympic Committee (IOC) and International Paralympic Committee (IPC) and must follow their guidance, the Host City Contract, the Olympic Charter, the IPC Handbook, World Anti-Doping Agency (WADA) regulations and Brazilian law.

Rio 2016's key partners include the Olympic Public Authority (APO); the Olympic Public Council; the Ministry of Sport, EGP-Rio, the Municipal Olympic Company (EOM); the Brazilian Olympic Committee (COB); the Brazilian Paralympic Committee (CPB) and a variety of international and Brazilian commercial partners.

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International Olympic Committee (IOC)

The International Olympic Committee was created on 23 June 1894. Less than two years later, on 6 April 1896, the first Olympic Games of the modern era opened in Athens, and the Olympic Movement has not stopped growing ever since. The Olympic Movement encompasses organisations, athletes and other persons who agree to be guided by the principles of the Olympic Charter. The goal of the Olympic Movement is to contribute to building a peaceful and better world by educating youth through sport practised without discrimination of any kind, in a spirit of friendship, solidarity and fair play.

INTERNATIONAL OLYMPIC COMMITTEE

Château de Vidy
1007 Lausanne
Switzerland
tel: +41 (0)21 621 6111 | fax: +41 (0)21 621 6216
URL: www.olympic.org

President:

Thomas Bach

**Chairman of the Coordination
Commission for the Games of the
XXXI Olympiad:**

Nawal El Moutawakef

Olympic Games Executive Director:

Christophe Dubi

Sports Director:

Kit McConnell

NOC Relations Director:

Pere Miró

International Sailing Federation (ISAF)

Founded in 1907, the International Yacht Racing Union (IYRU) evolved from the need for racing sailors to have a uniform set of rules and measurement standards. The federation, which has been known by its current name since 1996, is responsible for the development and promotion of the sport internationally, and for the International Racing Rules and Regulations for all Sailing competitions around the world. ISAF currently consists of 139 Member National Authorities (MNAs) that are responsible for the decision-making processes that govern the world of Sailing.

INTERNATIONAL SAILING FEDERATION

Ariadne House
Town Quay
Southampton
Hampshire, SO14 2AQ
United Kingdom
tel: +44 (0)23 8063 5111 | fax: +44 (0)23 8063 5789
email: secretariat@isaf.co.uk
URL: www.sailing.org

President:

Carlo Croce

CEO:

Peter Sowrey

Confederação Brasileira de Vela (CBVela)

The Brazilian Sailing Confederation (Confederação Brasileira de Vela, CBVela) is the national governing body for sailing in Brazil since 2013, with the support from the Brazilian state federations. Its missions comprise supporting Brazilian professional athletes and the development of the Sailing community in the country.

CONFEDERAÇÃO BRASILEIRA DE VELA

Praça Mahatma Gandhi, 02 – Grupo 1210

Centro 20031-100

Rio de Janeiro - RJ

Brazil

tel: +55 21 2240 8919

email: cbvela@cbvela.org.br

URL: www.cbvela.org.br

President:

Marco Aurelio de Sá Ribeiro

Vice-President:

John Stuart Bennett

Olympic competition schedule by day (accurate as of the publishing of this guide on 29/07/2015)

Rio 2016 - DAILY COMPETITION SCHEDULE - 1,92		3 AUG	4 AUG	5 AUG	6 AUG	7 AUG	8 AUG	9 AUG	10 AUG	11 AUG	12 AUG	13 AUG	14 AUG	15 AUG	16 AUG	17 AUG	18 AUG	19 AUG	20 AUG	21 AUG	
VENUE	DISCIPLINE	WED -2	THU -1	FRI 0	SAT 1	SUN 2	MON 3	TUE 4	WED 5	THU 6	FRI 7	SAT 8	SUN 9	MON 10	TUE 11	WED 12	THU 13	FRI 14	SAT 15	SUN 16	
BARRA DA TIJUCA																					
MARIA LENK AQUATICS CENTRE	Synchronised Swimming														1			1			
	Diving		1	1					1				1		1		1				
OLYMPIC AQUATICS STADIUM	Swimming		4	4	4	4	4	4	4	4	4	4									
CARIOCA ARENA 1	Water Polo																	1			
CARIOCA ARENA 1	Basketball																		1		
CARIOCA ARENA 2	Judo			2	2	2	2	2	2	2	2	2								1	
CARIOCA ARENA 2	Wrestling												2	2	2	2	3	2	2	2	
CARIOCA ARENA 3	Fencing		1	1	1	1	1	1	2	1	1	1	1								
FUTURE ARENA	Taekwondo																2	2	2	2	
FUTURE ARENA	Handball																			1	
OLYMPIC TENNIS CENTRE	Tennis										1	1	1	3	Spare day						
OLYMPIC GOLF COURSE	Golf												1	Spare day	Spare day					Spare day	
	Gymnastics - Artistic						1	1	1	1			4		3	Gala					
OLYMPIC ARENA	Gymnastics - Rhythmic																			1	
	Gymnastics - Trampoline																				
OLYMPIC VELODROME	Cycling - Track									1	2	2	1	1	3						
	Cycling - Road time trial								2												
PONTAL	Race Walk										1								2		
RIOCENTRO - PAVILION 2	Weightlifting				1	2	2	2			2	1	1	1	1						
RIOCENTRO - PAVILION 3	Table Tennis								1	1					1	1					
RIOCENTRO - PAVILION 4	Badminton																		1	1	
RIOCENTRO - PAVILION 6	Boxing												1	1	1	1	1	1	1	3	
																				4	

Olympic competition schedule by day

Rio 2016 - DAILY COMPETITION SCHEDULE - 1,92

VENUE	DISCIPLINE	3 AUG WED -2	4 AUG THU -1	5 AUG FRI 0	6 AUG SAT 1	7 AUG SUN 2	8 AUG MON 3	9 AUG TUE 4	10 AUG WED 5	11 AUG THU 6	12 AUG FRI 7	13 AUG SAT 8	14 AUG SUN 9	15 AUG MON 10	16 AUG TUE 11	17 AUG WED 12	18 AUG THU 13	19 AUG FRI 14	20 AUG SAT 15	21 AUG SUN 16
COPACABANA																				
BEACH VOLLEYBALL ARENA	Beach Volleyball															1	1			
	Marathon Swimming													1						
FORT COPACABANA	Cycling - Road	1																		
	Triathlon																1		1	Spare day
	Rowing								2	4	4	4								
	Canoe Sprint																4	4	4	Spare day
MARINA DA GLORIA	Sailing												2		2	2	2	Spare day		
DEODORO																				
DEODORO STADIUM	Modern Pentathlon																		1	1
	Rugby										1									
	Basketball																			
	Modern Pentathlon																			
	Modern Pentathlon																			
	Equestrian - Dressage											1								
	Equestrian - Eventing							2												
	Equestrian - Jumping																			
	Shooting - Rifle & Pistol	2	1	1	1	1	1	1	1	1	1	1	1					1		
	Shooting - Shotgun				1	1			1											
OLYMPIC BMX CENTRE	Cycling - BMX																		2	
MOUNTAIN BIKE CENTRE	Cycling - Mountain Bike																			
WHITEWATER STADIUM	Canoe Slalom				1	1	1	2			Spare day								1	1
OLYMPIC HOCKEY CENTRE	Hockey																	1		

Olympic competition schedule by day

Rio 2016 - DAILY COMPETITION SCHEDULE - 1,92																					
VENUE	DISCIPLINE	3 AUG WED -2	4 AUG THU -1	5 AUG FRI 0	6 AUG SAT 1	7 AUG SUN 2	8 AUG MON 3	9 AUG TUE 4	10 AUG WED 5	11 AUG THU 6	12 AUG FRI 7	13 AUG SAT 8	14 AUG SUN 9	15 AUG MON 10	16 AUG TUE 11	17 AUG WED 12	18 AUG THU 13	19 AUG FRI 14	20 AUG SAT 15	21 AUG SUN 16	
MARACANÃ																					
OLYMPIC STADIUM	Athletics																				
	Football																				
	Ceremonies																				
MARACANÃ	Football																				
MARACANAZINHO	Volleyball																				
	Archery																				
SAMBODROMO	Athletics - marathon																				
FOOTBALL CITIES																					
MANÉ GARRINCHA STADIUM	Football																				
AMAZÔNIA ARENA	Football																				
FORTE NOVA ARENA	Football																				
ITAQUERA ARENA	Football																				
MINERÃO	Football																				

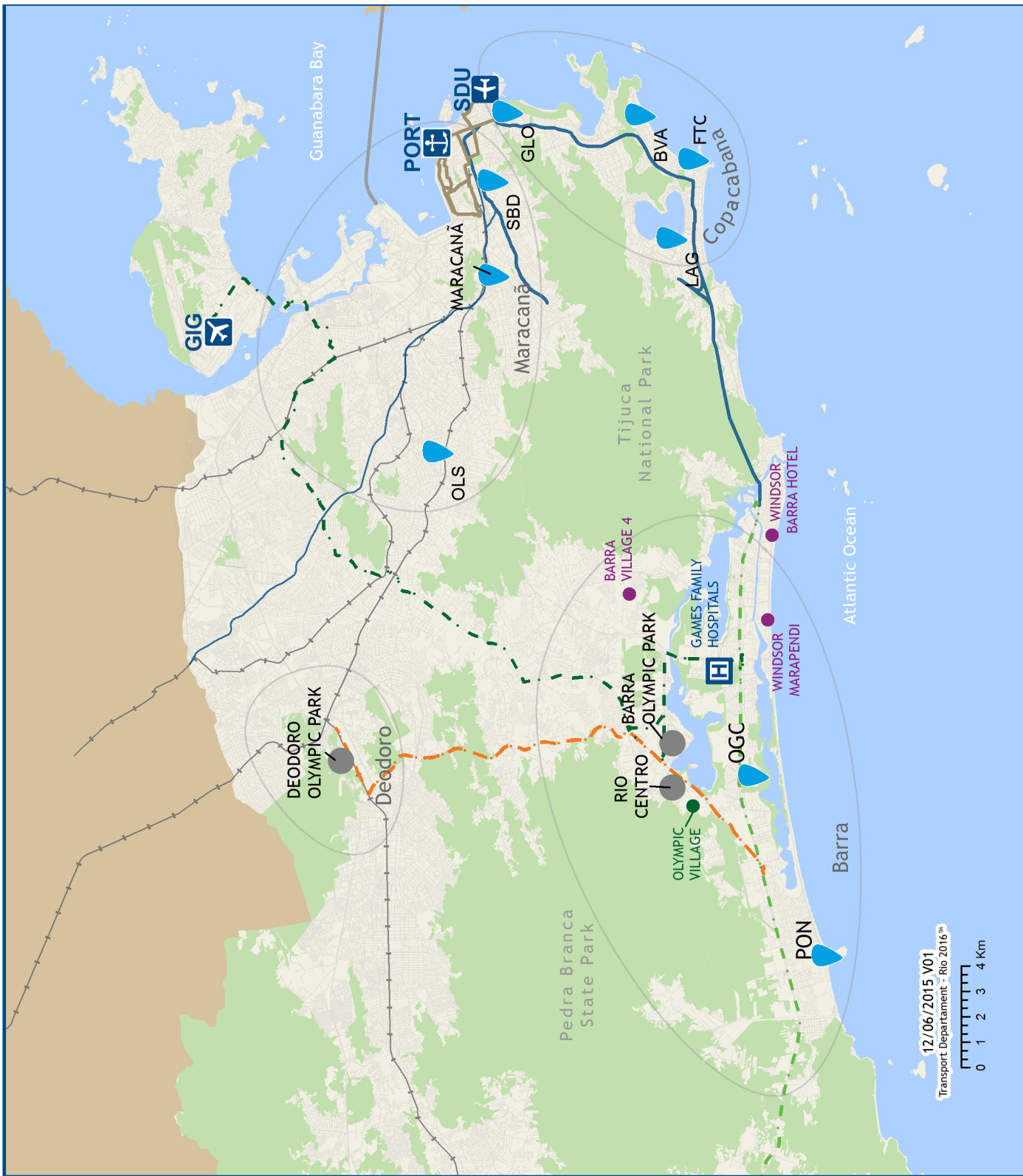


MAPS

Rio de Janeiro Overview

LEGEND


















- COMPETITION VENUES
- OLYMPIC VILLAGE
- ACCOMMODATION
- LRT
- BRT - TRANSCARIOCA
- BRT - TRANSOESTE
- BRT - TRANSOLIMPICA
- METRO
- RAILWAY
- PORT
- DOMESTIC AIRPORT
- INTERNATIONAL AIRPORT
- GAMES FAMILY HOSPITALS
- COMPETITION VENUES
- BVA - BEACH VOLLEYBALL ARENA
- FTC - FORT COPACABANA
- GLO - MARINA DA GLÓRIA
- LAG - LAGOA STADIUM
- OLS - OLYMPIC STADIUM
- PON - PONTAL
- OGC - OLYMPIC GOLF COURSE
- SBD - SAMBÓDROMO



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Sailing - Marina da Glória

LEGEND

-  ATHLETES' CHANGE ROOM
-  ATHLETES' DINING
-  ATHLETES' LOUNGE
-  ATHLETES' MEDICAL POST
-  1 ATHLETES' BOAT PARK
-  2 ATHLETES' CONTAINER PARK
-  MZ MIXED ZONE
-  COMPETITION MANAGEMENT
-  DOPING CONTROL
-  FOP FIELD OF PLAY
-  ITO/NTO LOUNGE
-  3 LAUNCH RAMP
-  4 MEASUREMENT AREA
-  OFL OLYMPIC FAMILY LOUNGE
-  SPORT INFORMATION
-  5 ITO/NTO CHANGE ROOM
-  TOILETS



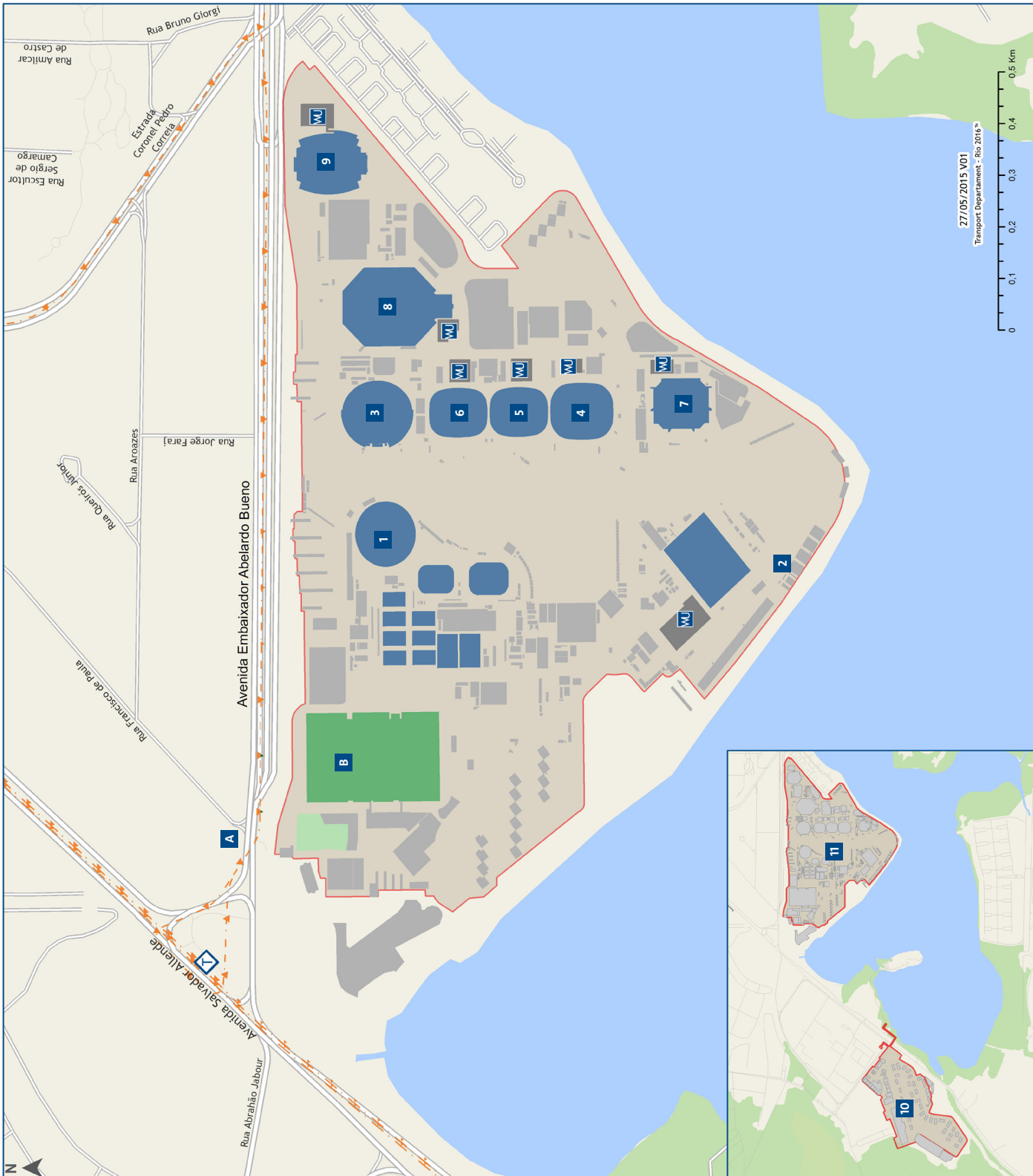
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Barra Olympic Park Overview

LEGEND

- WARM-UP AREA
- COMPETITION VENUES
- COMPOUNDS
- BRT - TRANSOLÍMPICA
- BRT TERMINAL
- SECURITY PERIMETER

- A** MAIN PRESS CENTRE
- B** INTERNATIONAL BROADCAST CENTRE
- 1** OLYMPIC TENNIS CENTRE
- 2** OLYMPIC AQUATICS STADIUM
- 3** RIO OLYMPIC VELODROME
- 4** CARIOCA ARENA 1
- 5** CARIOCA ARENA 2
- 6** CARIOCA ARENA 3
- 7** FUTURE ARENA
- 8** RIO OLYMPIC ARENA
- 9** MARIA LENK AQUATICS CENTRE
- 10** OLYMPIC VILLAGE
- 11** OLYMPIC PARK



Deodoro Olympic Park Overview

LEGEND

WU WARM-UP AREA

COMPOUNDS

COMPETITION VENUES

SECURITY PERIMETER

RAILWAY STATION

RAILWAY LINE

BRT - TRANSOLÍMPICA

A DEODORO OLYMPIC PARK

B OLYMPIC EQUESTRIAN CENTRE

C OLYMPIC VILLAGE

1 WHITEWATER STADIUM

2 OLYMPIC BMX CENTRE

3 MOUNTAIN BIKE CENTRE

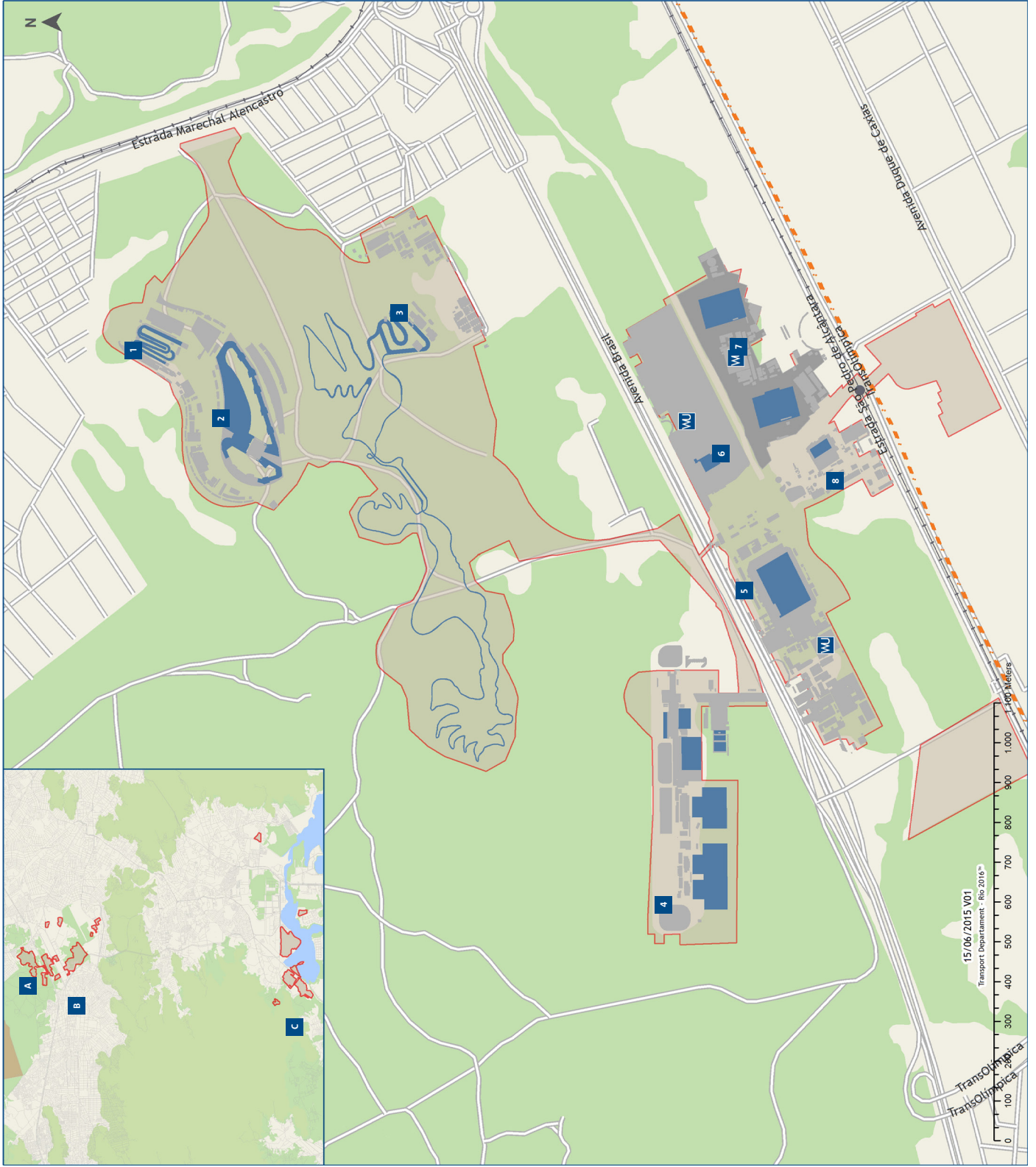
4 OLYMPIC SHOOTING CENTRE

5 DEODORO STADIUM

6 YOUTH ARENA

7 OLYMPIC HOCKEY CENTRE

8 DEODORO AQUATICS CENTRE



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Olympic Village

LEGEND

- 1 LOGISTICS COMPOUND
- 2 POLYCLINIC
- 3 VILLAGE GYM
- 4 WEIGH-IN AREA
- 5 SPORT INFORMATION CENTRE (SIC)
- 6 NOC SERVICES CENTRE
- 7 CHEFS DE MISSION MEETING HALL
- 8 CASUAL DINING
- 9 RECREATION CENTRE
- 10 TEAM WELCOME CEREMONIES
- 11 MAIN ENTRY/GUEST PASS CENTRE
- 12 MERCHANDISE STORE
- 13 MULTI-FAITH CENTRE
- 14 COURTS
- 15 VILLAGE PLAZA
- 16 WELCOME CENTRE
- R RESIDENT CENTRES
- R²⁴ RESIDENT CENTRES (24 HOURS)
- ↕ RESIDENTS' ENTRANCE
- ↔ VEHICLE ACCESS
- 🚚 MAIN DINING HALL
- 🛒 TRANSPORT MALL
- P NOC CAR PARK
- PSA PSA
- VSA VSA
- 📏 PERIMETER
- CONDOMINIUM FENCE LINES
- ➔ INTERNAL VILLAGE SHUTTLE
- CONDOMINIUM ENTRANCE/EXIT

